



# Sheila Larson Memorial

## “Run for the Impact”

### 5K & 1-Mile RUN/WALK

9:00 AM on SATURDAY, JUNE 3, 2023

or *Virtual Run- Select your place and time*

*Proceeds to Benefit*

**Fowlerville Family Impact Centers**

**LOCATION:** Family Impact Wellness Center, 9430 W. Grand River Ave., Fowlerville, MI 48836  
Parking is in the front lot of United Brethren Church just East of the Wellness Center.

**T-SHIRT & BIB PICK UP:** 8:00 AM -8:50 AM on June 3 **OR** call to pick up your shirt/bib early between June 1 – 2.

**Chip timing:** Michigan Running Foundation ([www.runningfoundation.com](http://www.runningfoundation.com))

**ON-SITE REGISTRATION AVAILABLE**

**ALL EVENTS: Pre-Registration fee Includes T-Shirt**

**VIRTUAL RUN: Select YOUR course - May 27 - June 11 Run/Walk Individual all Ages: PRE-Register by May 19 = \$25**

~5K Run/Walk Individual (16+ yrs): **PRE-Register by May 19 = \$32/ May 20 to June 1 = \$37**

~5K Run/Walk Adult TEAM: (3 or more submitted together) **PRE-Register by May 19 = \$27/ May 20 to June 1 = \$32**

~5K Run/Walk STUDENT (6-15 yrs): **PRE-Register by May 19 = \$22/ May 20 to June 1 = \$27**

~1 Mile Run/Walk (All Ages): *Includes Participatory Medal* **PRE-Register by May 19 = \$17/ May 20 to June 1 = \$22**

**5K MEDALS:** Male/Female 14 under, then every 5 yrs. up to 70 & over. Overall Male/Female, Great-Grand Masters 60+ M/F.

For more information, contact Family Impact Centers @ 517-223-4428

THIS FORM IS DOWNLOADABLE @ [www.familyimpactcenters.com](http://www.familyimpactcenters.com)

OR REGISTER ONLINE: <https://runsingup.com/sheilalarsonmemorialrunfortheimpact>

\*\*\*\*\* PLEASE SUBMIT ONE ENTRY FORM PER PARTICIPANT \*\*\*\*\*

\_\_\_\_\_  
Male/Female \_\_\_\_\_ Age on June 3, 2023 \_\_\_\_\_  
PRINT - First and Last Name

\_\_\_\_\_  
PRINT Street Address  
\_\_\_\_\_  
PRINT City  
\_\_\_\_\_  
ZIP Code

\_\_\_\_\_  
PRINT Email Address  
\_\_\_\_\_  
Phone Number

**SELECT YOUR EVENT FOR PAYMENT \*NOTE: AFTER MAY 19, T-SHIRT IS NOT INCLUDED IN PRICE**

\_\_\_\_ **VIRTUAL RUN - 3-Mile or 1-Mile Run/Walk INDIVIDUAL all Ages: PRE-Register by May 19 = \$25; after May 19 = \$30**

\_\_\_\_ **5K Run/Walk INDIVIDUAL (16+yrs): PRE-Register by May 19 = \$32/ May 20 to June 1 = \$37**

\_\_\_\_ **5K Run/Walk Adult TEAM: (3 or more submitted together) PRE-Register by May 19 = \$27/ May 20 to June 1 = \$32**

\_\_\_\_ **5K Run/Walk STUDENT (6-15 yrs): PRE-Register by May 19 = \$22/ May 20 to June 1 = \$27**

\_\_\_\_ **1 Mile Run/Walk (All Ages): PRE-Register by May 19 = \$17/ May 20 to June 1 = \$22**

**CIRCLE T-SHIRT SIZE: ADULT (S/M/L/XL/2X/3X)**

**CIRCLE T-SHIRT SIZE: YOUTH (S/M/L)**

\_\_\_\_ **TOTAL PAID --- CHECK # \_\_\_\_\_**

**Make checks payable to: Family Impact Centers and mail to:**

*Family Impact Centers-Attn: Run for the Impact P. O. Box 993 Fowlerville MI 48836*

**THE FOLLOWING WAIVER MUST BE SIGNED:**

**WAIVER:** *I know road/trail racing is a potentially dangerous activity. I assume all risks associated with running/walking in this event. I, my heirs, devisees, and anyone acting on my behalf, waive and release Handy Township, the Fowlerville Fire Dept., United Brethren Church, Family Impact Centers and all volunteers and sponsors from all claims or liability arising out of my participation.*

**NO REFUNDS. NON-TRANSFERABLE.**

**Participant’s Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**If under 18, parent/guardian’s signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_